## **COVID Weekly**

Goal: To prevent an outbreak of the virus at Saint John's while continuing to support resident and staff wellbeing.

### PLEASE STAY AT HOME

#### What Our Experts Say

Experts say small group gatherings have been a contributor to the ever-increasing rise of community COVID positivity rates. During the upcoming holidays, the CDC states the best way to stay healthy is to stay home and celebrate the holidays virtually with family. Attending a holiday gathering puts you at high risk for the spread of COVID. It's difficult to remain at least 6 feet apart, and to know the habits and behaviors of guests and those to whom they have been exposed.



Mary Milliren, RN VP of Health Services

And as always, wear your mask at all times unless eating or drinking, maintain 6 feet of social distance, and wash your hands frequently.

#### What Our Residents Say



"COVID-19 is one of the worst, if not the worst ever, of human virus infections: in its infectivity (ability to spread easily among human beings) and its morbidity/mortality (attacks multiple organs and blood vessels, and causes significant human deaths)."

- Dr. Sidney E. Grossberg, resident 7E

What to say if your family is upset that you're staying here:

"You and the family are the most important things to me. Being with you is always a priority, but this sacrifice to stay home at Saint John's is necessary at this time to prevent even the slightest chance of a spread that could affect everyone here." - Eve Lipchik, LCSW, resident 4D



#### **COPING STRATEGIES**

When you hear, "I don't care. I'm going to see my family." or "Quarantine them if they visit family!" Try to understand what is behind what people are saying.

We have a choice. Either we stay angry at each other and harm our community, Or, we try to understand the fear or sadness behind the anger and strengthen our community.

Developed by a group of residents and leadership. Feedback? Suggestions? Contact Renée @ 414-831-6880 or RAnderson@SaintJohnsMilw.org

# SAINT JOHN'S ON THE LAKE

November 18, 2020



Renée Anderson, President & CEO

Introducing the first issue of **COVID Weekly**, a concise update on the status of the COVID-19 at Saint John's, our prevention efforts, and information you need to know to keep yourself and our community virus-free.

The most anticipated aspect of any holiday is the opportunity to gather with loved ones. This year, I am asking you not to – for your health, for the safety of your family and friends, and for the greater good. The virus is spreading like wildfire increasing the likelihood of exposure. Exposure to an infected person could harm you and everyone who lives and works here. Please, stay at home instead, so we can enjoy future holidays – together.

#### By the Numbers:

14-Day Average Positivity Rates for Milwaukee County 17.2% up from 14.5% last week.

New Cases at Saint John's since November 6: Tower Residents 2 (a couple) and Staff 5.