

COVID Weekly

Goal: To prevent an outbreak of the virus at Saint John's while continuing to support resident and staff wellbeing.

PLEASE STAY HOME

What Our Experts Say



Mary Milliren, RN
VP of
Health Services

Medical experts are again advising that families stay home for the holidays. Avoiding large gatherings is the best way to stay safe. If you see family, keep the group size small, wear a mask at all times except when eating and drink-

ing, stay socially distanced, and remember to practice good hand hygiene. Talk with your loved ones about the vaccine, sharing information helps to allay concerns.

What Our Residents Say

We are planning to celebrate Christmas Day in our apartment as we take the recommendations regarding COVID seriously. We will begin our day Zooming in Morning Prayer with our church community. We will make our dinner festive by using our best china and silverware. Our children and grandchildren will Zoom with us—probably all 21 of us trying to talk at one time as we are a spirited group! Our Christmas tree lights will be on, and our little train will be squeaking around the track :-)

Dr. Ed and Joanne Filmanowicz,
Residents, 20M

COPING STRATEGIES

Being away from family and friends during the holidays can be hard. The choice to be apart this year may mean that you can spend many more years with your loved ones. Remember to take care of yourself by staying active. It will help to lessen fatigue, anxiety, and sadness.

Ann Spalding, Resident 21C,
Health Committee Member

By the Numbers:

14-Day Average Positivity Rates for Milwaukee County 11.1% down from 13.2% last week.

New Cases at Saint John's
December 17-23

Tower Residents: 0
Staff: 2

CORRECTION: New staff cases were erroneously reported in Issue #5. The number should have been 3.



Renée Anderson,
President & CEO

Last week we were buoyed by the news of the vaccine approval. The rate of positive tests has been trending favorably. Things are looking up, right?

Yes, but cases, and deaths, continue to rise. We cannot let our guard down yet – we've worked too hard getting to this point, a reversal of fortunes would be devastating.

So, please stay home for Christmas this year. One, hopefully final, zoom holiday, one last carryout feast. Next week we will know when we will receive the vaccine, that's our holiday gift. Hold onto the hope, continue the precautions, be here for the vaccine.

Merry Christmas!