

# COVID Weekly

Goal: To prevent an outbreak of the virus at Saint John's while continuing to support resident and staff wellbeing.

**PLEASE GET THE VACCINE**

## What Our Experts Say



Mary Milliren, RN  
VP of  
Health Services

None of the COVID vaccines use the live virus that causes COVID-19. Rather, they are designed to teach our immune systems to recognize the virus and fight it. The vaccine might cause symptoms such as fever, body aches and a headache which is a normal response to the vaccine. It means our body is building immunity to COVID-19.



## What Our Residents Say



Building defenses against COVID-19 in our community is a team effort and we all play a key role in that defense.

Getting the COVID-19 vaccine adds one more layer of protection for you, other residents, your families and our staff. I hope to be among the first residents to receive the vaccine at Saint John's.

- Barbara Kloman,  
Member of the Health Committee

## COPING STRATEGIES

Vaccination has completely eliminated small pox. Vaccination has eliminated polio from most of the world. Vaccination has greatly reduced the incidence of measles and other scourges of childhood infectious disease. Vaccination against COVID is our greatest hope to return to the life we know, love, miss and hope to see again soon.



- Rebecca D. Elon, MD, MPH

SAINT JOHN'S  
ON THE LAKE

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Renée Anderson,  
President & CEO

Year-end is traditionally a season of reflection tinged with excitement for the year ahead. I suspect few of us wish to muse over 2020 - most of us are ready to move on! 2021 holds much promise as the vaccine becomes available, initially on a limited basis though soon after accessible by the general public. The way in which Saint John's operates allows us priority access to the vaccine for both residents and staff. Our goal is to vaccinate all residents and staff who wish to participate, and we strongly encourage participation - it's our path back to normal.

**Happy New Year!**

### By the Numbers:

14-Day Average Positivity Rates for Milwaukee County 9.1% down from 11.1% last week.

New Cases at Saint John's December 24-30

Tower Residents: 1  
Staff: 0