

COVID Weekly

Goal: To prevent an outbreak of the virus at Saint John's while continuing to support resident and staff wellbeing.

THE VACCINE



Mary Milliren, RN
VP of
Health Services

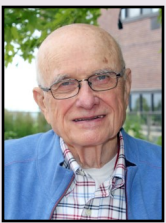
What Our Experts Say

Saint John's staff and residents are doing their part to stop the spread of COVID-19. On January 14, we vaccinated:

- 95 Staff (~40%)
- 25 High-risk Tower residents
- All but one Canterbury resident (resident declined)
- 100% of Stratford residents
- All but one Windsor resident (medical reason)

These individuals will receive their second dose February 11. All remaining Tower residents and staff who wish to be vaccinated will receive their first dose on February 11. Scheduling is in process; the time and location for individual vaccinations will be communicated to Tower residents on Feb. 1. Those receiving their first vaccines on February 11 will receive their second vaccines on March 11.

What Our Residents Say



By now you are all aware we are scheduled for the Moderna vaccine on February 11 and March 11. I recommend, with few exceptions, everyone get the vaccine. On January 25, the American Academy of Allergy, Asthma & Immunology reported 2.5 severe reactions per 1 million injections of the Moderna vaccine - 10 cases out of 4,041,396 doses in people who previously had severe allergic reactions or anaphylactic reactions to medications, foods, or to other vaccine injections. It is recommended everyone wait 15 minutes after their injection or 30 minutes if they have had a severe allergic or anaphylactic reaction in the past.

— **Dr. Mort Soifer, 11J**

COPING STRATEGIES

Limit the amount of time you spend on social media and the news. If you are constantly frustrated and upset over what you see in the news or on social media, limit or take a break from both.



— **Barbara Kloman, 1004**



Renée Anderson,
President & CEO

I spoke to a friend today who told me that he had a reaction to his second dose that wasn't mentioned in the literature. He felt...HOPE. Hope that we may be turning the tides and starting to reclaim our 'normal.' Hope that days of fear will soon be in the past. Hope that the frailest among us will survive this long assault on their health and freedom.

I know that there will be many who are skeptical about this vaccine. I'll admit that I'm a little wary about something that was developed so quickly. But here's how I see it accepting the vaccine offers me – and everyone else – hope. By refusing it, the best I can expect is that nothing changes – and that is unacceptable to me.

I am choosing the vaccine. I am choosing to have hope.

By the Numbers:

14-Day Average Positivity Rates for Milwaukee County 8.8% down from 10.3% last week.

New Cases at Saint John's
January 21-27

Tower Residents: 0
Staff: 3