# **COVID Weekly**

Goal: To prevent an outbreak of the virus at Saint John's while continuing to support resident and staff wellbeing.

#### **MOTIVATION**



Mary Milliren, RN VP of Health Services

## What Our Experts Say

Until our 3<sup>rd</sup> COVID Vaccine clinic on March 11, during which the majority of our Tower residents will receive their second COVID vaccine, we must remain vigilant. Wearing a <u>tight-fitting</u> mask that covers your nose and mouth, maintaining six feet of social distancing, and practicing frequent hand hygiene continues to be a must for everyone. We all need to do our part to keep Saint John's a safe place to live and work.







#### **COPING STRATEGIES**

Find what motivates you. Research shows that people who feel they have a purpose in life tend to be happier and live longer. For some, being creative,



helping other people or devoting their time and energy to a cause can be the best motivators.

- Loni Kagen, 11N

## By the Numbers:

14-Day Average Positivity Rates for Milwaukee County 4.1% down from 5.6% last week.

New Cases at Saint John's February 18-24

> Tower Residents: 0 Staff: 0



February 24, 2021 - Issue #15



Renée Anderson, President & CEO

We are each differently motivated. Throughout the course of the last year, during which we learned to live with the restrictions necessary to contain the pandemic, our purpose has been to keep residents and staff safe, and to prevent the spread of the virus. That focus has come at a cost to many of the aspects of living at Saint John's aspects we enjoy most, those that drew you here in the first place – community, socialization, and sharing of interests. We remain firmly committed to our purpose, and are now, with the hope brought by the vaccine, inspired to renew and restore the very essence of our community, our connections with one another. Stay motivated, get vaccinated, and we will see this through.

Thank you.

Developed by a group of residents and leadership. Feedback? Suggestions? Contact Renée @ 414-831-6880 or RAnderson@SaintJohnsMilw.org