

COVID Weekly

Goal: To prevent an outbreak of the virus at Saint John's while continuing to support resident and staff wellbeing.

GRATITUDE



Mary Milliren, RN
VP of Health Services

What Our Experts Say

I cannot tell you the relief I feel at having 99% of our Tower residents vaccinated against COVID-19. The stress of the last year with the continual concern for your safety during the pandemic has been exhausting. I am very grateful for the competence and professionalism exhibited by the entire nursing team over the course of the last 12 months; they are truly heroes. I want to thank the many people who supported the vaccination clinics – from room set-up

to check-in, sanitizing to monitoring post injection – it took a small army for those three days to run smoothly, and I appreciate each and every person who volunteered their time.



Centers for Disease Control and Prevention

You are considered fully vaccinated:

2 weeks after the second dose in a 2-dose series, like the Pfizer or Moderna vaccine (Saint John's received the Moderna vaccine)

2 weeks after the single-dose vaccine, like Johnson & Johnson's Janssen vaccine

If it has been less than 2 weeks since your shot, or you still need to get your second dose, you are NOT fully protected. Continue to take all prevention measures until you are fully vaccinated, including wearing a mask, social distancing, avoiding crowds and frequently washing your hands.

COPING STRATEGIES

Caring for living things – pets or plants – provides a sense of purpose and improved health. Our dogs provide us companionship and comfort. They also ensure I'm outside several times each day. I grow orchids and enjoy nurturing them to bloom. In the last few weeks, I've begun planning for the rose gardens at Saint John's – I'm looking forward to planting some new varieties this year.

Holger Petersen, resident, 2E

By the Numbers:

14-Day Average Positivity Rates for Milwaukee County
2.9% down from 3.0%

New cases March 11-17
Residents: 0, Staff: 0



Renée Anderson,
President & CEO

I want to thank everyone who received a COVID vaccination. For some, the decision was simple. Others faced fear, and many had questions. As one of you said to me, "I didn't do it for myself, I did it for humanity". This decision to accept the vaccine demonstrates our commitment to our future and the future generations to come. It is, at this time, the only responsible way in which to return society to, albeit different, normal. And normal is necessary to restore our economy, return to the arts and reconnect with friends and families – cornerstones of our life. We are continuously faced with unknowns, some we acknowledge; in other cases, we take risk without a second thought. The vaccine is a calculated risk, and I appreciate your consideration of what it means not just to you but to all of us. Thank you.