

# COVID Weekly

Goal: To prevent an outbreak of the virus at Saint John's while continuing to support resident and staff wellbeing.

## ENCOURAGING NEWS



**Mary Milliren, RN**  
VP of  
Health Services

### What Our Experts Say

On February 27, the FDA approved a single-dose COVID vaccine manufactured by Janssen BioTech, a pharmaceutical branch of Johnson & Johnson. Overall, this vaccine was found to be 66% effective in preventing moderate/severe cases of COVID in the 28 days following vaccination and 85% effective in preventing severe/critical cases of COVID in that same time period. Currently, there is no data to suggest longer-term protection. It is anticipated that

about 100 million doses of this new vaccine will have been made available to Americans by the end of June. This is a great additional weapon to add to our arsenal in the battle against COVID-19. Meanwhile, keep up the fight: wear your mask, keep six feet of social distance and wash your hands!

## COPING STRATEGIES

Practice ways to manage everyday stress. My daily walk eases the pressure of the day and leaves me feeling uplifted.



Try meditation, reading, yoga, working on a hobby, listening to music or any other activity that you enjoy. Practice finding something you can be grateful for every day. You will feel more positive and recharged.

**Jackie McCormick, 816**



### By the Numbers:

14-Day Average Positivity Rates for Milwaukee County 3.2% down from 4.1% last week.

New Cases at Saint John's February 24 - March 3

Tower Residents: 0  
Staff: 0



**Renée Anderson,**  
President & CEO

For the second straight week, the rate of positive COVID tests in Milwaukee County has been below 5%. Also, for the second straight week, we have had no new cases among residents or staff at Saint John's. Last Friday, a third vaccine was approved. Next week we have our last vaccination clinic during which Tower residents will receive their second vaccine. It feels as though we're finally turning a corner. Continued favorable results enable us to gradually re-open our Community, restoring with confidence, the social connections we've missed so desperately over the last twelve months. With each passing day, spring comes closer, construction draws nearer completion, and a victory in the battle to contain the virus appears possible. This truly is encouraging news.